

STRATEGIES FOR TIMELY COMPLETION OF PhD PROGRAMMES

By

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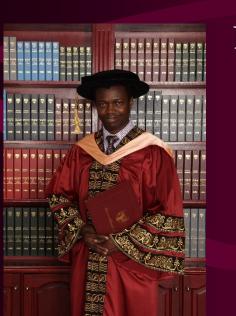
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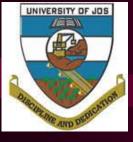
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Outline

- 1. Introduction
- 2. Expectations of PhD Students
- 3. Expectations of PhD Supervisors
- 4. Strategies for Timely Completion
- 5. Final Word

Introduction

The only good PhD is a completed PhD!





"The road to a PhD is a long one where it's easy to feel lost. Just remember, every step, no matter how small, is a step forward."







Feed-Vour-Head

How long should a PhD Last?

- To a large extent depends on you
- 2-5 years (3 years)



Expectations of PhD Students



Expectations of PhD Supervisors

Strategies for Timely Completion of PhD Programme





ABCDEFGHIJKLMNOPQRSTUVWXYZ

is equal to

1234567891011121314151617181920212223242526





Hard Work

$$8+1+18+4+23+15+18+11 = 98\%$$

Knowledge

$$11+14+15+23+12+5+4+7+5 = 96\%$$



Love

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L+O+V+E

12+15+22+5=54%

<u>Luck</u>

L+U+C+K

12+21+3+11 = 47%

(don't most of us think this is the most important ???)

Then what makes 100%? Is it Money? ... NO!!!

$$13+15+14+5+25 = 72\%$$

Leadership?...NO!!!

12+5+1+4+5+18+19+8+9+16 = 97%



Then what makes 100%? Is it **Teacher?** Sorry! NO!!! T+E+A+C+H+E+R

20+5+1+3+8+5+18 = 60%



Pastor? ...Sorry!!!

P A S T O R

16+1+19+20+15+18 = 89%



I M A M? ...Sorry!!!

I M A M

9+13+1+13=36%

Reed Wour-Head

Every problem has a solution, that is why it is a problem, even *Impossible* says

I'm possible!

To go to the top,

to that 100%,

what we really need to go further... a bit more...

1. ATTITUDE

$$A+T+T+I+T+U+D+E$$
 $1+20+20+9+20+21+4+5=100\%$

It is <u>OUR ATTITUDE</u> towards Life, Studies and Work that makes OUR Life 100%!!!



It is your attitude towards life that will determine life's attitude towards you



Change Your Attitude And You Change Your Life!!!

2. Dream Big!

Reed Wour Head





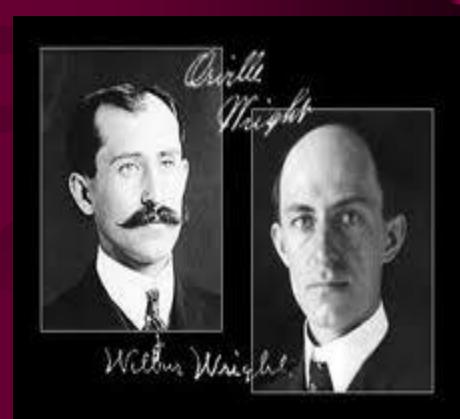
You can become!

- The greatest dream you ever dreamt!
- The greatest vision you ever had!

DREAMS



Martin Luther King jr-1963 Speech "I have.."



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the Wright brothers, Orville and Wilbur Wright (1903)

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From Wikipedia, the free encyclopedia

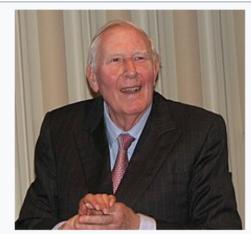
Sir Roger Gilbert Bannister CH CBE FRCP (23 March 1929 – 3 March 2018) was an English neurologist and middle-distance athlete who ran the first sub-4-minute mile.

At the 1952 Olympics in Helsinki, Bannister set a British record in the 1500 metres and finished in fourth place. This achievement strengthened his resolve to become the first athlete to finish the mile run in under four minutes. He accomplished this feat on 6 May 1954 at Iffley Road track in Oxford, with Chris Chataway and Chris Brasher providing the pacing. When the announcer, Norris McWhirter, declared "The time was three...", the cheers of the crowd drowned out Bannister's exact time, which was 3 minutes and 59.4 seconds. He had attained this record with minimal training, while practising as a junior doctor. Bannister's record lasted just 46 days.

Bannister went on to become a neurologist and Master of Pembroke College, Oxford, before retiring in 1993. As Master of Pembroke, he was on the governing body of Abingdon School from 1986 to 1993.^[3] When asked whether the 4-minute mile was his

Sir Roger Bannister

CH CBE FRCP



Bannister in 2009

Personal information

Full name Roger Gilbert Bannister

Born 23 March 1929

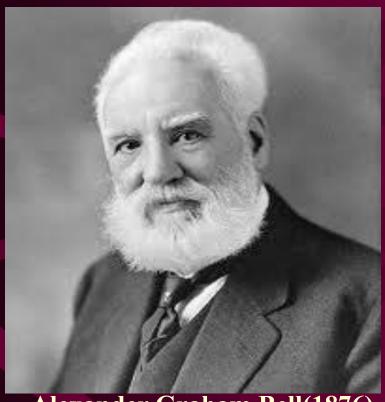
Harrow, England^[1]

Died 3 March 2018 (aged 88)

Oxford, England

Resting place Wolvercote Cemetery, Oxford,

DREAMS



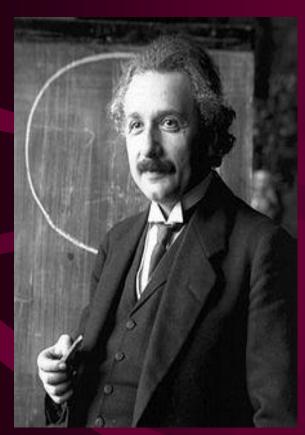
Alexander Graham Bell(1876)



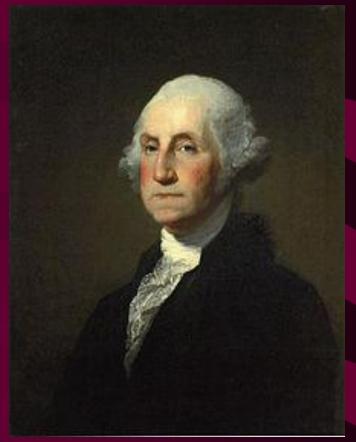
Reed-Your-Read

Dr Martin cooper

DREAMS



Albert Einstein



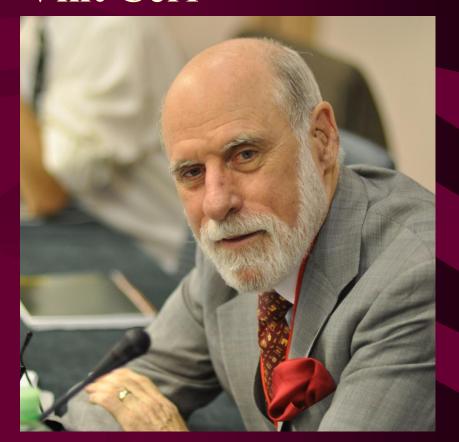
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George Washington

Robert Kahn

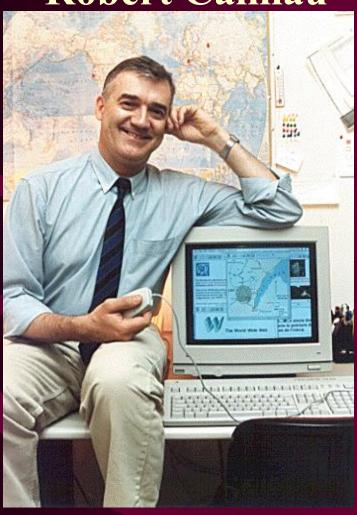


Vint Cerf



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Robert Cailliau



Tim Berners-Lee

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3. Maximize your potentials!

Don't be average!

The sad reality

- Most humans only use 10% of their potentials in a life time!
- The graveyard (cemetery) is the richest place on earth!
- Without maximizing potentials life may miss its purpose!

Your decision determines your destination!

Peed-Your-Head





4. Plan your time!

- Time is short
- "If you fail to plan, you are planning to fail!"
- The 5 Ps of success
- Be over prepared!
- "You can do anything, but not everything"
 - -David Allen

If Plan A fails, remember that you have 25 letters left.

How Time Flies!

- > 1 year, 12 months, 365 days, 8760 hours, 525,600 minutes, 31,536,000 seconds
- > 70 years = 25567 days
- > 70 years = 613608 hours
- > 70 years = $36\overline{816480}$ minutes

Some Facts about Time Management

- 1. We all waste time.
- 2. We cannot **change** time.
- 3. We must accept this fact: time is the most important resource to mankind.
- 4. We cannot do anything to **increase** the quantity of time.
- 5. We can only steward time.
- 6. We can do anything, but we cannot do everything.
- 7. We must accept the fact that we all procrastinate

Time is money!

ceeds Wood ratheard.

What is your priority? You have time for what

is a priority!

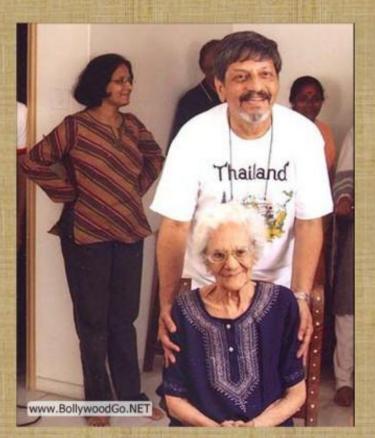


You wont be young forever! The flower of your age!





First miss India in 1947



NOW!

Don't go for shortcuts in life

[Read-Your-Head]





Feed Wour-Head





Student: Desalini Nagappan

Supervisor: Prof. Pwaveno Huladeino Bamaiyi

Program:

Faculty: Veterinary Medicine, Universiti Malaysia Kelantan

Department:

Title of Project: Isolation and Antibiotic Resistance Pattern of

Escherichia coli in Quails in Kelantan

Memorandum of understanding for supervision:

- We will meet weekly in Prof. Veno's office on Thursdays 2:30 3:30 pm.
- 2. The frequencies of the meetings will be rescheduled based on the progress of the project.
- If Prof. Veno travels or is not available, he will make arrangement for any suitable academic staff to cover for the period of absence
- 4. If either the supervisee or supervisor is unable to attend the meeting, they must give notice by email or text message and arrange another suitable time for that meeting. Allowance will be made in exceptional circumstances.

- 5. Written work will be submitted on Tuesdays.
- 6. Feedback will be given within one week of submitting written work (either at the supervision meeting or via email).
- 7. The supervisee is expected to prepare a timeline/milestone within 2 weeks of this agreement
- 8. The supervisor will enforce deadlines set.
- 9. The supervisee will carry out requested tasks (non-written) within 2 weeks of meeting.
- Supervisor agrees to provide academic guidance, practical support and developmental feedback, for the duration of the project.
- 11. The student will be receptive to advice and critique from supervisor and will respond accordingly.
- Supervisor will open and maintain a file for the filing of relevant documentation related to the thesis and the supervisory relationship.
- 13. The supervisee will demonstrate commitment and personal initiative, and understands that she is responsible for the conduct and progress of the research.
- 14. The expected date for completion of project and write-up is 05/04/2022
- 15. The supervisee is expected to attend writing retreat to be arranged by the supervisor





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The secret of reading is reading in secret

"The first thing that reading teaches us is how to be alone."

- Jonathan Franzen

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5. Work hard



"The heights by great men reached and kept, were not obtained by sudden flight. But they, while their companions slept, were toiling upward in the night."

-Henry Wadsworth Longfellow

The extra mile!

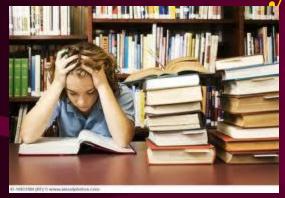
The difference between ordinary and extraordinary!

Genius

"Genius is one percent inspiration, ninety nine percent perspiration".

Thomas Alva Edison (11 February 1847 – 18 October 1931)

Study as if you don't play and play as if you don't study!





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WORKHARD

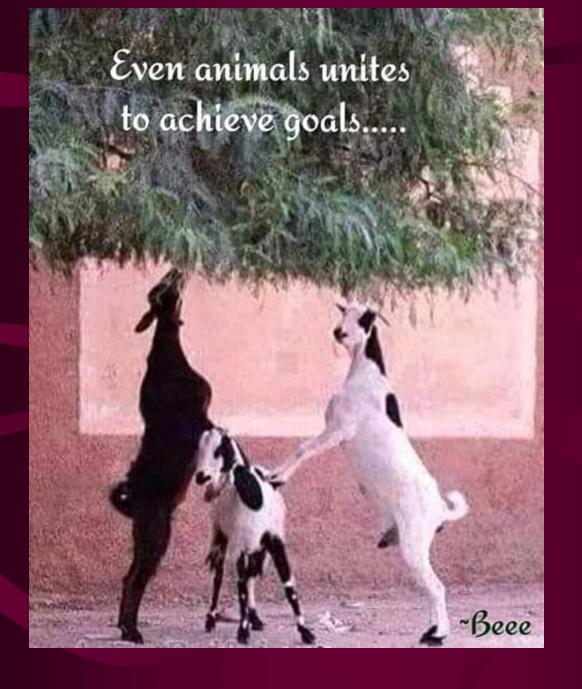
• Strike a balance!

6. MAKE GOOD FRIENDS

Reed Wour Head



MAKE GOOD FRIENDS



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PSG-NOT A BAD IDEA!

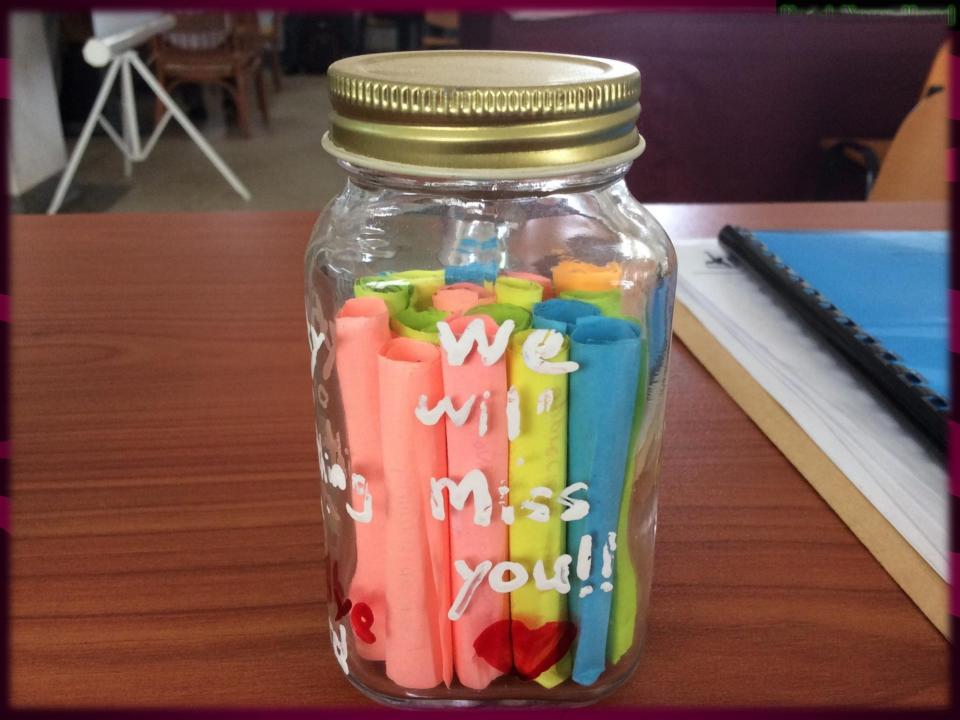
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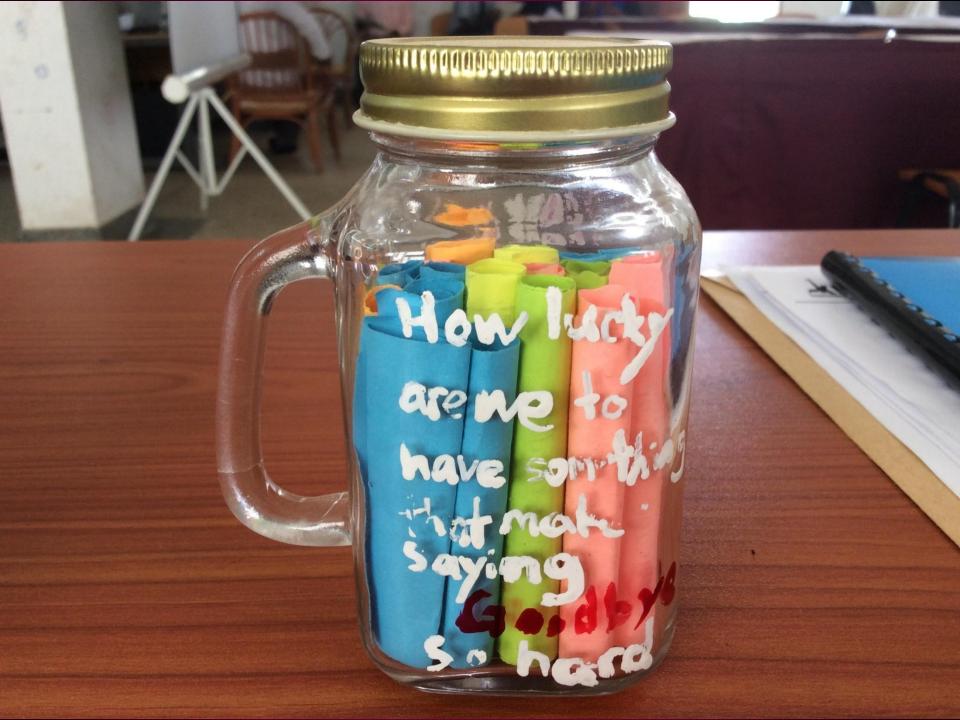
Love your course and the lecturer

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7. HAVE FUN!

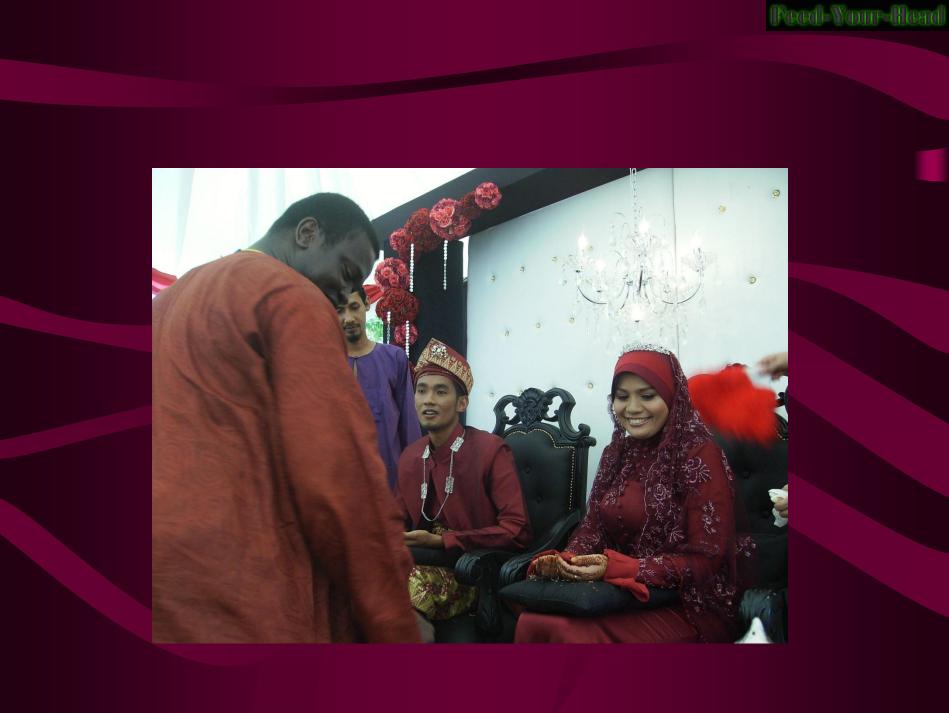
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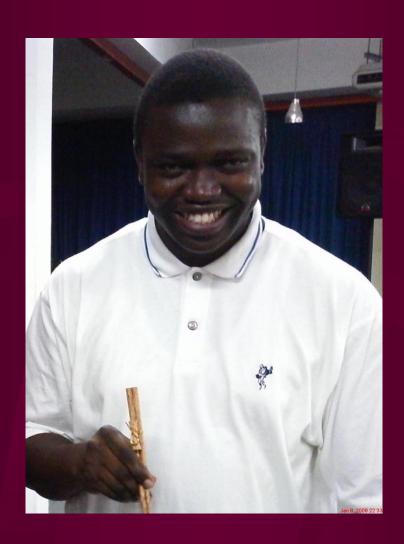


"All work and no play makes Jack a dull boy"



Reed-Vour-Head





Uganda Equator

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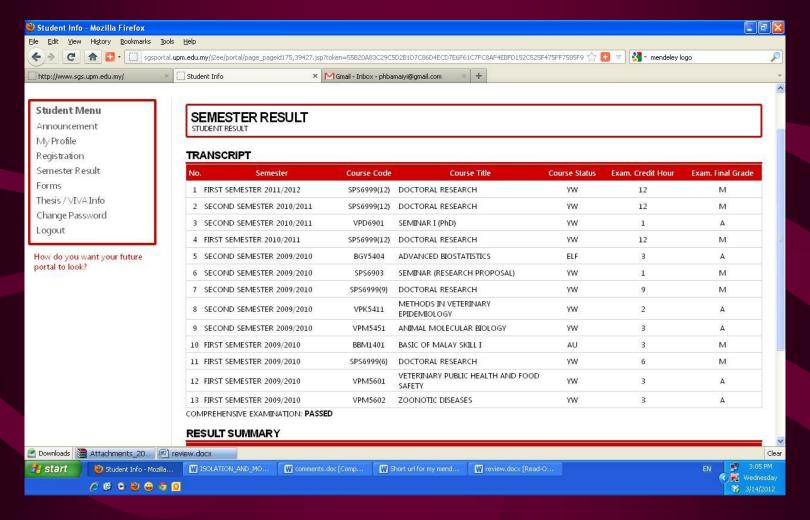
Time to keep fit!

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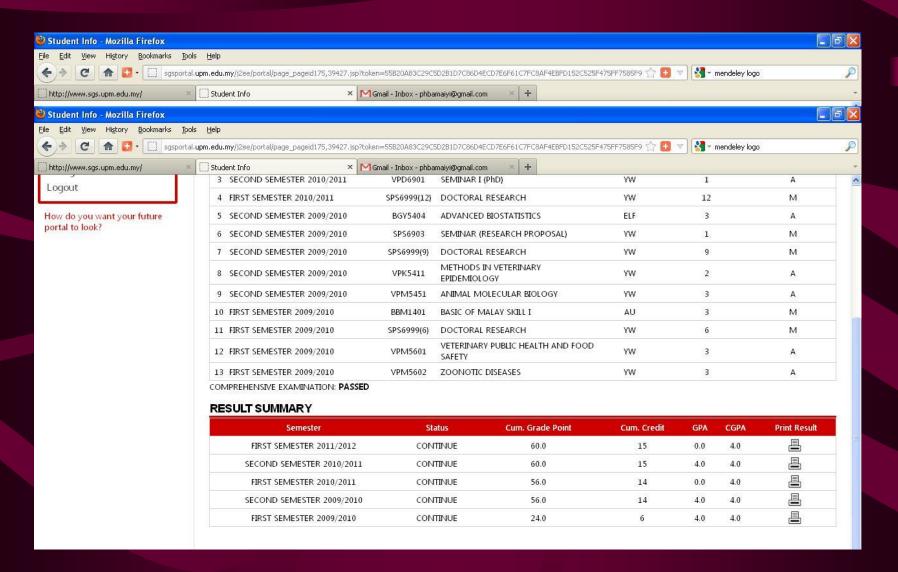


You can make it!

Read Monte Head



You can make it!



Laurels





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9. The meditation/prayer strategy







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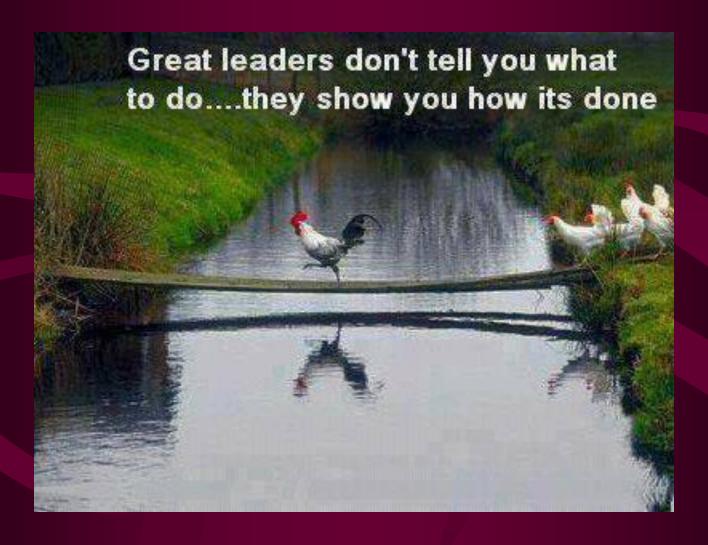
There is more to learn!

"I do not know what I may appear to the world, but to myself I seem to have been only like a boy playing on the sea-shore, and diverting myself in now and then finding a smoother pebble or a prettier shell than ordinary, whilst the great ocean of truth lay all undiscovered before me"

-Sir Isaac Newton

Be a Leader!

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"In the middle of difficulty, lies opportunity"-Albert Einstein

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Nadia Murad

10. Take a risk!

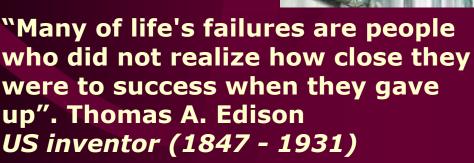
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11. Never give up! Determination pays!



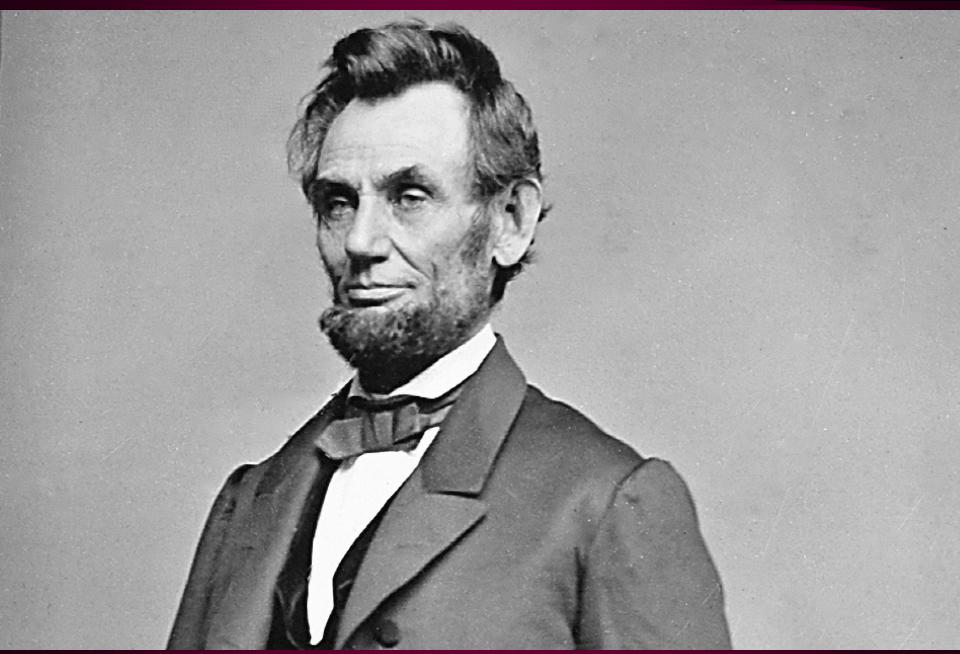






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Malaysia's iconic 88-storey Petronas Twin Towers soars 452m, or 1,482ft, into the sky and is one of the landmarks of Kuala Lumpur



DON'T GIVE UP!









12. You need God!

Reed-Your-Head



Final Word

- Start Early
- Be Passionate
- Write Daily
- Plan your Activities
- Choose your Supervisor(s) carefully and stop arguing with your Supervisor
- Balance your life
- Impossible says I'm possible

What do you see?

[Read-Your-Head]



Being a PG student is a journey...

Reed Wour Head



ENJOY IT